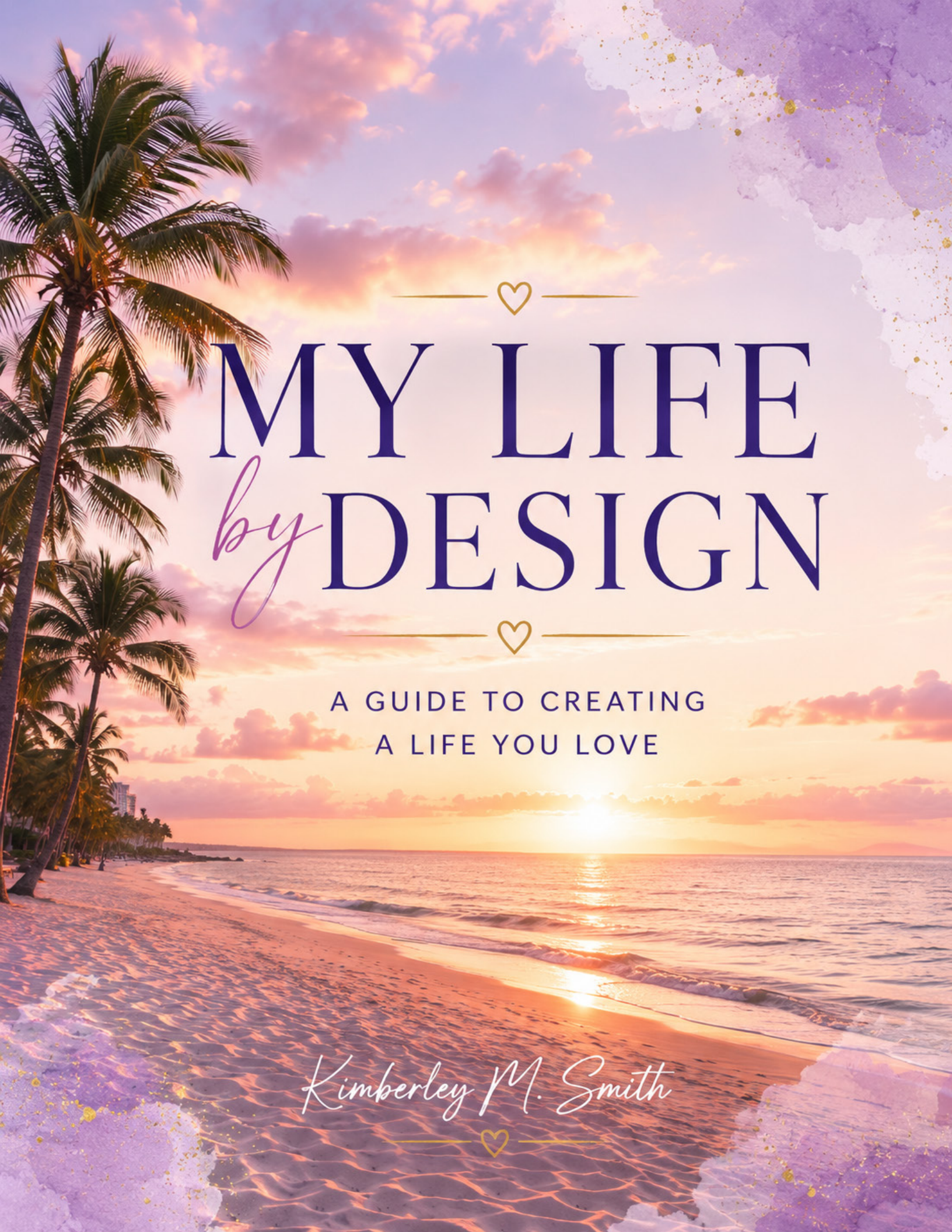

MY LIFE
by DESIGN
A GUIDE TO CREATING
A LIFE YOU LOVE
Kimberley M. Smith

Welcome

What if the life you've always dreamed of isn't as far away as *you think?*

FOR YEARS, I FOLLOWED THE PATH
I thought I was supposed to take.

THEN I REALIZED SOMETHING IMPORTANT:

A *beautiful life* doesn't happen by chance.
It happens by *design.*

This guide is your invitation to slow down, reflect, and begin creating a life that feels deeply *aligned with who you are.*

YOU DESERVE A LIFE YOU LOVE.

With love,
Kimberley M. Smith
DESIGN YOUR LIFE

IT STARTED WITH ONE *Decision*

In my 40s, I made one of the hardest decisions of my life.

I left the security of my 9-to-5 job to build a business around creativity, freedom, and purpose.

I didn't have all the answers.

But I knew staying where I was wasn't the life I wanted.

That one decision changed everything.

Today, I help others realize they have the power to redesign their lives too.

Kimberley M. Smith
DESIGN YOUR LIFE

LIVING *by Default*

Many people spend
years waiting.

Waiting for the right time.

More money.

More confidence.

More certainty.

But clarity doesn't
come from waiting.

It comes from
taking the first step.

THE LIFE BY DESIGN METHOD

1. PAUSE

Give yourself space to breathe and get present.

2. REFLECT

Look inward. What matters most? What lights you up?

3. GET CLEAR

Define your vision and what you truly want.

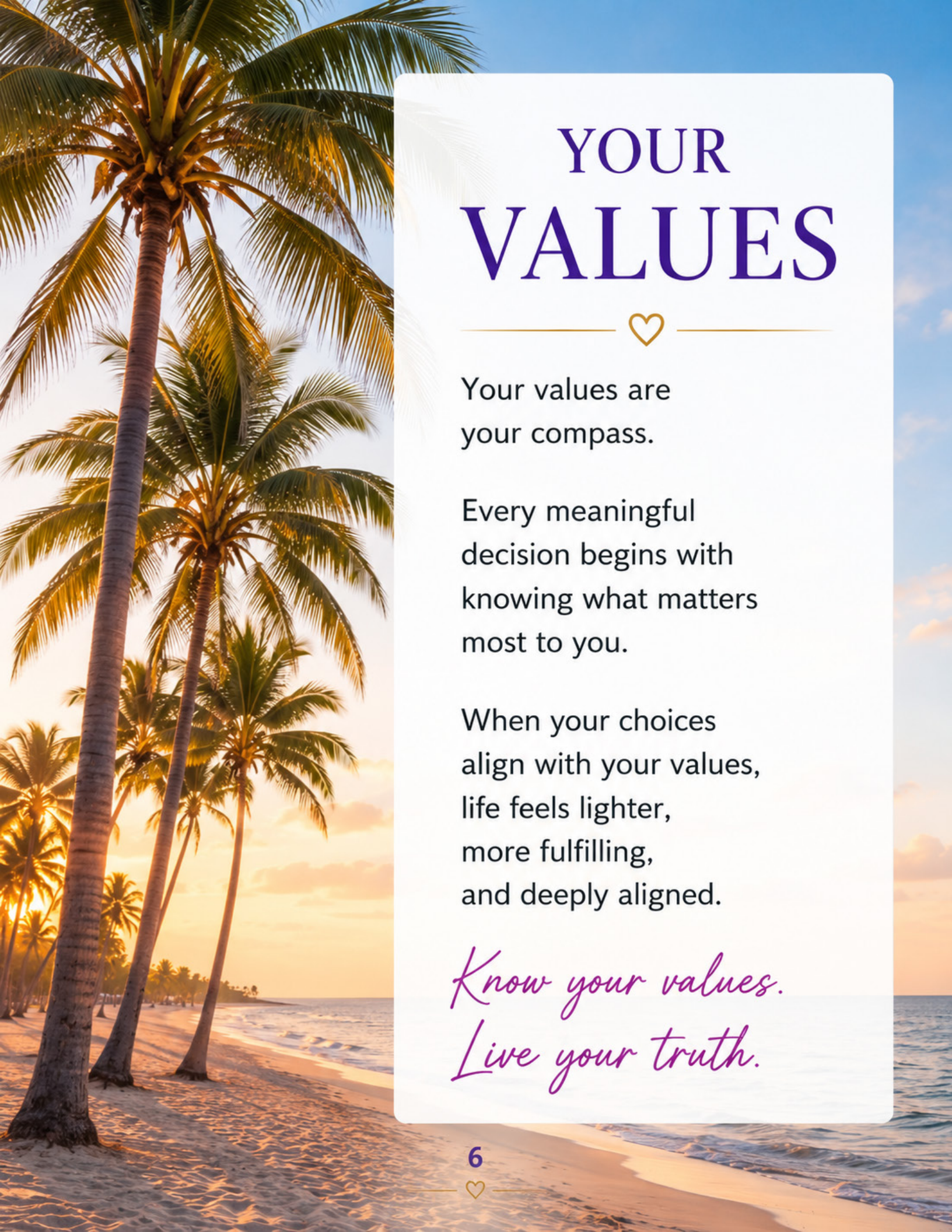
4. TAKE ACTION

Choose one step and move forward.

5. REPEAT

Life is a journey. Keep evolving and designing.

Simple. Intentional. Life-changing.



YOUR VALUES

Your values are
your compass.

Every meaningful
decision begins with
knowing what matters
most to you.

When your choices
align with your values,
life feels lighter,
more fulfilling,
and deeply aligned.

Know your values.
Live your truth.

MEET YOUR *Future Self*

Close your eyes.

Imagine yourself five years from today.

Where are you?
How do you spend your mornings?

Who are you surrounded by?

How do you feel?

NOW ASK YOURSELF:

What decision can I make today that moves me one step closer?

YOUR TURN

Take a few quiet minutes to reflect.
Write your answers.

I want more...

I want less...

The next brave step is...

“
A beautiful life doesn't happen by chance. It happens by design.
♡
Kimberley M. Smith
♡

THANK YOU

for trusting this journey.

Remember, you have the power to design a life you love.

You don't have to have it all figured out, just the courage to take the next step.

I'm here to support you every step of the way.

Let's keep creating a beautiful life by design. ♡

♡ LET'S STAY CONNECTED ♡

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